

To check your Tencap rating, review the ratings and descriptions below and please reply to this email to let us know if your rating needs to be corrected. If you need a correction, please let us know which Tencap rating(s) **(the orange numbers)** best reflects your doubles and singles playing ability. The left hand column of black numbers is the old familiar NTRP rating scale used by the USTA for your reference. You can use the NTRP rating to give you an idea of your more precise TenCap rating.

To place yourself:

- A. Begin with 1.0. Read all categories carefully and then decide which one best describes your present ability level. Be certain that you qualify on all points of all preceding levels as well as those in the level you choose.
- B. When rating yourself assume you are playing against a player of the same gender and the same ability.
- C. Wheelchair players please see note below.
- D. [Click here for NTRP frequently asked questions](#)

Approximate NTRP Rating	Compared To Others At This Level	Tencap Rating	General Characteristics of Various NTRP Playing Levels
1.0	1.0 Weak	80	You are a beginner and have never played before.
	1.0 Average	79	
	1.0 Strong	78	
1.5	1.5 Weak	77	You have limited experience and are working primarily on getting the ball in play.
		76	
		75	
	1.5 Average	74	
		73	
		72	
		71	
1.5 Strong	70		
2.0	2.0 Weak	69	You lack court experience and your strokes need developing. You are familiar with the basic positions for singles and doubles play.
		68	
		67	
	2.0 Average	66	
		65	
		64	
		63	
2.0 Strong	62		
2.5	2.5 Weak	61	You are learning to judge where the ball is going, although your court coverage is limited. You can sustain a short rally of slow pace with other players of the same ability.
		60	
		59	
	2.5 Average	58	
		57	
		56	
		55	
2.5 Strong	55		
3.0	3.0 Weak	54	You are fairly consistent when hitting medium-paced shots, but are not comfortable with all strokes and lack execution when trying for directional control, depth, or power. Your most common doubles formation is one-up,

			one-back.
		53	
		52	
	3.0 Average	51	
		50	
		49	
	3.0 Strong	48	
3.5	3.5 Weak	47	You have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage and are developing teamwork in doubles.
		46	
		45	
	3.5 Average	44	
		43	
		42	
	3.5 Strong	41	
4.0	4.0 Weak	40	You have dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. You can use lobs, overheads, approach shots and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.
		39	
		38	
	4.0 Average	37	
		36	
		35	
	4.0 Strong	34	
4.5	4.5 Weak	33	You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is common in doubles.
		32	
		31	
	4.5 Average	30	
		29	
		28	
	4.5 Strong	27	
5.0	5.0 Weak	26	You have good shot anticipation and frequently have an outstanding shot or attribute around which a game may be structured. You can regularly hit winners or force errors off of short balls and can put away volleys. You can successfully execute lobs, drop shots, half volleys, overhead smashes, and have good depth and spin on most second serves.
		25	
		24	
	5.0 Average	23	
		22	

		21	
	5.0 Strong	20	
5.5	5.5 Weak	19	You have mastered power and/or consistency as a major weapon. You can vary strategies and styles of play in a competitive situation and hit dependable shots in a stress situation.
		18	
	5.5 Average	17	
		16	
	5.5 Strong	15	
6.0	6.0 Weak	14	You have had intensive training for national tournament competition at the junior and collegiate levels and have obtained a sectional and/or national ranking.
		13	
	6.0 Average	12	
		11	
	6.0 Strong	10	
6.5	6.5 Weak	9	You have had intensive training for national tournament competition at the junior and collegiate levels and have obtained a sectional and/or national ranking.
		8	
	6.5 Average	7	
		6	
	6.5 Strong	5	
7.0	7.0 Weak	4	You are a world-class player.
		3	
	7.0 Average	2	
		1	
	7.0 Strong	0	
Players in Wheelchairs:		<p>Players in wheelchairs should use these general characteristics to determine their NTRP skill level. The only differences are as follows: Mobility: while players in wheelchairs may have skills that would normally provide them a certain rating, the mobility factor suggests that when competing against able-bodied players, they should participate at an NTRP skill level that provides for competitive rather than compatible play. Serving ability: Due to the nature of the player's injury or disability, a powerful serve may not be possible. In this case, it may be more realistic to self-rate below 4.0 as service strength becomes key beyond this level.</p> <p>Many tournament players in wheelchairs have already received an NTRP rating. Wheelchair players should check with players whose skills match their own before determining their rating. The very best world-class players in wheelchairs have an NTRP rating in the low 4.5s.</p>	