

To check your Tencap rating, review the ratings and descriptions below and please reply to this email to let us know if your rating needs to be corrected. If you need a correction, please let us know which Tencap rating(s) **(the orange numbers)** best reflects your doubles and singles playing ability. The left hand column of black numbers is the old familiar NTRP rating scale used by the USTA for your reference. You can use the NTRP rating to give you an idea of your more precise TenCap rating.

To place yourself:

- A. Begin with 1.0. Read all categories carefully and then decide which one best describes your present ability level. Be certain that you qualify on all points of all preceding levels as well as those in the level you choose.
- B. When rating yourself assume you are playing against a player of the same gender and the same ability.
- C. Wheelchair players please see note below.
- D. [Click here for NTRP frequently asked questions](#)

Approximate NTRP Rating	Compared To Others At This Level	Tencap Rating	General Characteristics of Various NTRP Playing Levels
1.0		80	You are a beginner and have never played before.
1.5	1.5 Weak	79	You have limited experience and are working primarily on getting the ball in play.
		78	
		77	
	1.5 Average	76	
		75	
		74	
2.0	1.5 Strong	73	You lack court experience and your strokes need developing. You are familiar with the basic positions for singles and doubles play.
		72	
	2.0 Weak	71	
		70	
		69	
2.5	2.0 Average	68	You are learning to judge where the ball is going, although your court coverage is limited. You can sustain a short rally of slow pace with other players of the same ability.
		67	
	2.0 Strong	66	
		65	
		64	
3.0	2.5 Average	63	You are fairly consistent when hitting medium-paced shots, but are not comfortable with all strokes and lack execution when trying for directional control, depth, or power. Your most common doubles formation is one-up, one-back.
		62	
	2.5 Strong	61	
		60	
		59	
3.5	3.0 Average	58	You have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage and are developing teamwork in doubles.
		57	
	3.0 Strong	56	
		55	

		55	
		54	
	3.5 Average	53	
		52	
		51	
	3.5 Strong	50	
4.0	4.0 Weak	49	You have dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. You can use lobs, overheads, approach shots and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.
		48	
		47	
	4.0 Average	46	
		45	
		44	
	4.0 Strong	43	
4.5	4.5 Weak	42	You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is common in doubles.
		41	
		40	
	4.5 Average	39	
		38	
		37	
	4.5 Strong	36	
5.0	5.0 Weak	35	You have good shot anticipation and frequently have an outstanding shot or attribute around which a game may be structured. You can regularly hit winners or force errors off of short balls and can put away volleys. You can successfully execute lobs, drop shots, half volleys, overhead smashes, and have good depth and spin on most second serves.
		34	
		33	
	5.0 Average	32	
		31	
		30	
	5.0 Strong	29	
5.5	5.5 Weak	28	You have mastered power and/or consistency as a major weapon. You can vary strategies and styles of play in a competitive situation and hit dependable shots in a stress situation.
		27	
	5.5 Average	26	
		25	
	5.5 Strong	24	
6.0	6.0 Weak	23	You have had intensive training for national tournament competition at the junior and collegiate levels and have obtained a sectional and/or national ranking.

		22	
	6.0 Average	21	
		20	
	6.0 Strong	19	
6.5	6.5 Weak	18	You have had intensive training for national tournament competition at the junior and collegiate levels and have obtained a sectional and/or national ranking.
		17	
	6.5 Average	16	
	6.5 Strong	14	
7.0	7.0 Weak	13	You are a world-class player.
		12	
		11	
		10	
		9	
		8	
	7.0 Average	7	
		6	
		5	
		4	
		3	
		2	
		1	
	7.0 Strong	0	
Players in Wheelchairs:		<p>Players in wheelchairs should use these general characteristics to determine their NTRP skill level. The only differences are as follows: Mobility: while players in wheelchairs may have skills that would normally provide them a certain rating, the mobility factor suggests that when competing against able-bodied players, they should participate at an NTRP skill level that provides for competitive rather than compatible play. Serving ability: Due to the nature of the player's injury or disability, a powerful serve may not be possible. In this case, it may be more realistic to self-rate below 4.0 as service strength becomes key beyond this level.</p> <p>Many tournament players in wheelchairs have already received an NTRP rating. Wheelchair players should check with players whose skills match their own before determining their rating. The very best world-class players in wheelchairs have an NTRP rating in the low 4.5s.</p>	